



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Popper, Norbert

Club: Parsteinsee
Number: 43

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:45:06

Speed: 9.45 km/h

Rank in course/Total: 332 (of 532)

Rank in course/Men: 304 (of 452)

Best time in course: 1:36:15

Rank in category: 60(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:14	9.36	45	5:07	215	7:28	3.30	19:14	9.36	45	5:07	215	7:28
Schlüsie	3.10	20:14	8.90	38	4:28	214	7:19	6.40	39:28	9.12	42	9:35	213	14:47
Hermannsklippe	2.60	18:20	6.55	49	4:29	246	7:05	9.00	57:48	9.34	45	14:04	221	21:52
Brocken	3.10	33:03	5.45	74	12:12	362	15:51	12.10	1:30:51	7.93	57	26:13	279	37:43
Eiserner Handwe	3.60	20:25	8.82	67	6:56	325	8:48	15.70	1:51:16	8.09	59	33:09	289	46:31
Schlüsie	4.10	19:58	12.02	67	6:51	332	8:32	19.80	2:11:14	8.69	60	39:28	289	55:03
Loddenke	3.10	16:23	10.99	65	5:49	344	6:46	22.90	2:27:37	8.94	61	44:40	297	1:01:49
Ilseburg/Markt	3.30	17:29	10.30	63	5:32	327	7:02	26.20	2:45:06	9.45	60	49:54	304	1:08:51