



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Janz, Hartmut

Club: Praxis Rhiel
Number: 216

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:45:29

Speed: 9.43 km/h

Rank in course/Total: 337 (of 532)

Rank in course/Men: 308 (of 452)

Best time in course: 1:36:15

Rank in category: 30(of 50)

Best time in the category: 2:08:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:55	9.04	28	3:26	267	8:09	3.30	19:55	9.04	28	3:26	267	8:09
Schlüsie	3.10	22:09	8.13	33	4:50	338	9:14	6.40	42:04	8.56	32	7:50	304	17:23
Hermannsklippe	2.60	19:37	6.12	30	4:45	325	8:22	9.00	1:01:41	8.75	30	11:47	315	25:45
Brocken	3.10	31:37	5.69	29	7:43	319	14:25	12.10	1:33:18	7.72	33	19:30	321	40:10
Eiserner Handwe	3.60	20:12	8.91	29	4:45	314	8:35	15.70	1:53:30	7.93	30	24:15	312	48:45
Schlüsie	4.10	19:34	12.27	26	5:19	297	8:08	19.80	2:13:04	8.57	30	29:34	313	56:53
Loddenke	3.10	15:37	11.53	27	3:47	300	6:00	22.90	2:28:41	8.88	30	33:21	311	1:02:53
Ilseburg/Markt	3.30	16:48	10.71	25	3:37	288	6:21	26.20	2:45:29	9.43	30	36:58	308	1:09:14