



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Röhling, Alexander

Club: Düvelsbrook Dynamics
Number: 271

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:46:18

Speed: 9.45 km/h

Rank in course/Total: 345 (of 532)

Rank in course/Men: 315 (of 452)

Best time in course: 1:36:15

Rank in category: 40(of 48)

Best time in the category: 1:56:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:58	11.02	16	3:50	110	6:12	3.30	17:58	11.02	16	3:50	110	6:12
Schlüsie	3.10	22:01	8.45	41	6:08	329	9:06	6.40	39:59	9.60	34	9:56	233	15:18
Hermannsklippe	2.60	21:18	7.32	47	7:26	395	10:03	9.00	1:01:17	8.81	39	17:18	307	25:21
Brocken	3.10	34:04	5.46	48	12:23	392	16:52	12.10	1:35:21	7.61	43	29:41	349	42:13
Eiserner Handwe	3.60	20:00	10.80	36	6:15	306	8:23	15.70	1:55:21	8.17	42	35:45	340	50:36
Schlüsie	4.10	19:23	12.69	38	6:11	291	7:57	19.80	2:14:44	8.82	39	41:50	329	58:33
Loddenke	3.10	15:15	12.20	37	3:50	269	5:38	22.90	2:29:59	9.16	39	45:40	320	1:04:11
Ilseburg/Markt	3.30	16:19	12.13	34	3:44	249	5:52	26.20	2:46:18	9.45	40	49:24	315	1:10:03