



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Rettig, Jens

Club: Team Erdinger Alkoholfrei
Number: 27

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:46:29

Speed: 9.44 km/h

Rank in course/Total: 347 (of 532)

Rank in course/Men: 317 (of 452)

Best time in course: 1:36:15

Rank in category: 62(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:53	10.49	38	4:46	189	7:07	3.30	18:53	10.49	38	4:46	189	7:07
Schlüsie	3.10	21:00	8.86	56	5:14	266	8:05	6.40	39:53	9.63	46	10:00	229	15:12
Hermannsklippe	2.60	19:35	7.97	67	5:44	321	8:20	9.00	59:28	9.08	56	15:44	265	23:32
Brocken	3.10	31:50	5.84	63	10:59	326	14:38	12.10	1:31:18	7.95	59	26:40	285	38:10
Eiserner Handwe	3.60	20:43	10.43	71	7:14	337	9:06	15.70	1:52:01	8.41	61	33:54	298	47:16
Schlüsie	4.10	21:16	11.57	74	8:09	374	9:50	19.80	2:13:17	8.91	62	41:31	317	57:06
Loddenke	3.10	16:10	11.51	62	5:36	331	6:33	22.90	2:29:27	9.19	62	46:30	316	1:03:39
Ilseburg/Markt	3.30	17:02	11.62	60	5:05	300	6:35	26.20	2:46:29	9.44	62	51:17	317	1:10:14