



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Schöpf, Heide

Club: pingpank.de
Number: 482

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:46:37

Speed: 9.36 km/h

Rank in course/Total: 348 (of 532)

Rank in course/Women: 31 (of 80)

Best time in course: 2:06:25

Rank in category: 9(of 18)

Best time in the category: 2:15:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:02	8.56	8	4:44	34	5:55	3.30	21:02	8.56	8	4:44	34	5:55
Schlüsie	3.10	22:32	7.99	11	4:13	38	5:25	6.40	43:34	8.26	10	8:57	36	11:20
Hermannsklippe	2.60	20:01	6.00	10	3:35	33	4:34	9.00	1:03:35	8.49	10	12:32	33	15:54
Brocken	3.10	32:35	5.52	11	5:38	36	7:47	12.10	1:36:10	7.49	11	18:10	34	23:41
Eiserner Handwe	3.60	19:28	9.25	10	4:21	31	4:33	15.70	1:55:38	7.78	10	22:31	32	28:14
Schlüsie	4.10	18:53	12.71	9	3:36	31	4:56	19.80	2:14:31	8.47	8	26:07	30	33:10
Loddenke	3.10	15:40	11.49	10	3:03	36	4:15	22.90	2:30:11	8.79	9	29:10	31	37:11
Ilseburg/Markt	3.30	16:26	10.95	7	1:50	25	3:16	26.20	2:46:37	9.36	9	31:00	31	40:12