



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Jahn, Roland

Club: NIX tun kann JEDER
Number: 274

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:46:47

Speed: 9.35 km/h

Rank in course/Total: 349 (of 532)

Rank in course/Men: 318 (of 452)

Best time in course: 1:36:15

Rank in category: 31(of 50)

Best time in the category: 2:08:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:10	8.93	29	3:41	284	8:24	3.30	20:10	8.93	29	3:41	284	8:24
Schlüsie	3.10	21:27	8.39	26	4:08	299	8:32	6.40	41:37	8.65	28	7:23	291	16:56
Hermannsklippe	2.60	19:05	6.29	25	4:13	295	7:50	9.00	1:00:42	8.90	29	10:48	292	24:46
Brocken	3.10	31:06	5.79	23	7:12	298	13:54	12.10	1:31:48	7.84	25	18:00	295	38:40
Eiserner Handwe	3.60	21:30	8.37	38	6:03	371	9:53	15.70	1:53:18	7.94	29	24:03	309	48:33
Schlüsie	4.10	19:37	12.23	29	5:22	306	8:11	19.80	2:12:55	8.58	29	29:25	311	56:44
Loddenke	3.10	16:08	11.16	31	4:18	329	6:31	22.90	2:29:03	8.86	31	33:43	314	1:03:15
Ilseburg/Markt	3.30	17:44	10.15	33	4:33	334	7:17	26.20	2:46:47	9.35	31	38:16	318	1:10:32