



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Arndt, Hartwig

Club: Team Harry Brot
Number: 214

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:47:29

Speed: 9.31 km/h

Rank in course/Total: 354 (of 532)

Rank in course/Men: 322 (of 452)

Best time in course: 1:36:15

Rank in category: 64(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:38	8.72	67	6:31	319	8:52	3.30	20:38	8.72	67	6:31	319	8:52
Schlüsie	3.10	21:57	8.20	67	6:11	322	9:02	6.40	42:35	8.45	69	12:42	329	17:54
Hermannsklippe	2.60	18:58	6.33	60	5:07	289	7:43	9.00	1:01:33	8.77	64	17:49	312	25:37
Brocken	3.10	32:34	5.53	70	11:43	350	15:22	12.10	1:34:07	7.65	65	29:29	334	40:59
Eiserner Handwe	3.60	20:07	8.95	65	6:38	310	8:30	15.70	1:54:14	7.88	64	36:07	324	49:29
Schlüsie	4.10	19:07	12.55	54	6:00	277	7:41	19.80	2:13:21	8.55	63	41:35	319	57:10
Loddenke	3.10	17:08	10.51	77	6:34	379	7:31	22.90	2:30:29	8.77	64	47:32	327	1:04:41
Ilseburg/Markt	3.30	17:00	10.59	59	5:03	295	6:33	26.20	2:47:29	9.31	64	52:17	322	1:11:14