



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Ryll, Rene

Club: Goslar
Number: 393

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:49:06

Speed: 9.30 km/h

Rank in course/Total: 372 (of 532)

Rank in course/Men: 339 (of 452)

Best time in course: 1:36:15

Rank in category: 52(of 59)

Best time in the category: 1:45:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:45	9.54	49	7:39	329	8:59	3.30	20:45	9.54	49	7:39	329	8:59
Schlüsie	3.10	21:44	8.56	47	7:21	314	8:49	6.40	42:29	9.04	47	14:48	324	17:48
Hermannsklippe	2.60	18:59	8.22	45	6:29	291	7:44	9.00	1:01:28	8.79	46	21:04	310	25:32
Brocken	3.10	29:16	6.36	35	9:26	219	12:04	12.10	1:30:44	8.00	44	30:30	276	37:36
Eiserner Handwe	3.60	21:05	10.25	53	8:50	353	9:28	15.70	1:51:49	8.42	46	39:20	295	47:04
Schlüsie	4.10	20:57	11.74	53	9:03	365	9:31	19.80	2:12:46	8.95	46	48:23	309	56:35
Loddenke	3.10	17:10	10.83	54	7:02	380	7:33	22.90	2:29:56	9.16	49	55:25	319	1:04:08
Ilseburg/Markt	3.30	19:10	10.33	55	8:10	397	8:43	26.20	2:49:06	9.30	52	1:03:35	339	1:12:51