



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Lassan, Sandrin

Club: ESV Angermünde Lokvögel
Number: 215

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:49:09

Speed: 9.22 km/h

Rank in course/Total: 374 (of 532)

Rank in course/Women: 34 (of 80)

Best time in course: 2:06:25

Rank in category: 11(of 18)

Best time in the category: 2:15:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women		
Loddenke	3.30	21:07	8.52	9	36	4:49	6:00	3.30	21:07	8.52	9	36	4:49	6:00
Schlüsie	3.10	22:01	8.18	6	25	3:42	4:54	6.40	43:08	8.35	8	32	8:31	10:54
Hermannsklippe	2.60	19:30	6.15	7	27	3:04	4:03	9.00	1:02:38	8.62	8	29	11:35	14:57
Brocken	3.10	32:30	5.54	10	35	5:33	7:42	12.10	1:35:08	7.57	9	30	17:08	22:39
Eiserner Handwe	3.60	20:25	8.82	12	41	5:18	5:30	15.70	1:55:33	7.79	9	31	22:26	28:09
Schlüsie	4.10	20:00	12.00	11	39	4:43	6:03	19.80	2:15:33	8.41	11	33	27:09	34:12
Loddenke	3.10	15:49	11.38	12	39	3:12	4:24	22.90	2:31:22	8.72	11	33	30:21	38:22
Ilseburg/Markt	3.30	17:47	10.12	12	45	3:11	4:37	26.20	2:49:09	9.22	11	34	33:32	42:44