



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Gehring, Bernd

Club: Emsdetten
Number: 321

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:51:26

Speed: 9.10 km/h

Rank in course/Total: 392 (of 532)

Rank in course/Men: 352 (of 452)

Best time in course: 1:36:15

Rank in category: 62(of 78)

Best time in the category: 2:00:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Men	Men	km	Time	km/h	Cat.	Men	Men	
Loddenke	3.30	20:34	8.75	50	315	5:40	8:48	3.30	20:34	8.75	50	315	5:40	8:48
Schlüsie	3.10	22:23	8.04	60	350	6:04	9:28	6.40	42:57	8.38	59	344	11:44	18:16
Hermannsklippe	2.60	20:19	5.91	63	370	6:06	9:04	9.00	1:03:16	8.54	61	354	17:46	27:20
Brocken	3.10	34:11	5.27	68	397	12:03	16:59	12.10	1:37:27	7.39	66	374	29:49	44:19
Eiserner Handwe	3.60	20:37	8.73	59	333	6:22	9:00	15.70	1:58:04	7.62	64	366	35:58	53:19
Schlüsie	4.10	20:55	11.47	63	364	7:24	9:29	19.80	2:18:59	8.20	64	363	42:50	1:02:48
Loddenke	3.10	16:00	11.25	57	323	4:29	6:23	22.90	2:34:59	8.52	64	360	47:19	1:09:11
Ilseburg/Markt	3.30	16:27	10.94	46	259	3:44	6:00	26.20	2:51:26	9.10	62	352	51:03	1:15:11