



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Wierum, H-Dieter

Club: LC Solbad Ravensberg
Number: 530

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:51:39

Speed: 9.09 km/h

Rank in course/Total: 396 (of 532)

Rank in course/Men: 353 (of 452)

Best time in course: 1:36:15

Rank in category: 14(of 30)

Best time in the category: 2:20:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:52	8.63	14	3:17	338	9:06	3.30	20:52	8.63	14	3:17	338	9:06
Schlüsie	3.10	22:08	8.13	12	2:53	336	9:13	6.40	43:00	8.37	12	5:59	347	18:19
Hermannsklippe	2.60	19:11	6.26	6	2:30	301	7:56	9.00	1:02:11	8.68	10	7:55	330	26:15
Brocken	3.10	34:37	5.20	24	8:41	406	17:25	12.10	1:36:48	7.44	17	16:36	368	43:40
Eiserner Handwe	3.60	21:25	8.40	18	4:34	363	9:48	15.70	1:58:13	7.61	17	21:10	369	53:28
Schlüsie	4.10	21:08	11.36	19	5:34	373	9:42	19.80	2:19:21	8.18	16	25:54	365	1:03:10
Loddenke	3.10	16:13	11.10	14	3:14	334	6:36	22.90	2:35:34	8.49	15	29:05	367	1:09:46
Ilseburg/Markt	3.30	16:05	11.19	5	1:49	224	5:38	26.20	2:51:39	9.09	14	30:54	353	1:15:24