



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Bedemann, Torsten

Club: Ziltendorf
Number: 473

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:52:46

Speed: 9.03 km/h

Rank in course/Total: 402 (of 532)

Rank in course/Men: 359 (of 452)

Best time in course: 1:36:15

Rank in category: 73(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:09	8.51	75	7:02	364	9:23	3.30	21:09	8.51	75	7:02	364	9:23
Schlüsie	3.10	21:47	8.26	65	6:01	316	8:52	6.40	42:56	8.39	71	13:03	342	18:15
Hermannsklippe	2.60	19:55	6.03	74	6:04	350	8:40	9.00	1:02:51	8.59	71	19:07	346	26:55
Brocken	3.10	32:39	5.51	71	11:48	352	15:27	12.10	1:35:30	7.54	71	30:52	350	42:22
Eiserner Handwe	3.60	22:08	8.13	80	8:39	389	10:31	15.70	1:57:38	7.65	74	39:31	359	52:53
Schlüsie	4.10	21:46	11.03	80	8:39	390	10:20	19.80	2:19:24	8.18	75	47:38	368	1:03:13
Loddenke	3.10	17:05	10.54	76	6:31	377	7:28	22.90	2:36:29	8.44	76	53:32	373	1:10:41
Ilseburg/Markt	3.30	16:17	11.05	48	4:20	243	5:50	26.20	2:52:46	9.03	73	57:34	359	1:16:31