



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Sonek, Christian

Club: Klirchseeon  
Number: 510

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:52:55

Speed: 9.02 km/h

Rank in course/Total: 407 (of 532)

Rank in course/Men: 364 (of 452)

Best time in course: 1:36:15

Rank in category: 64(of 78)

Best time in the category: 2:00:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:47	7.90	75	7:53	419	11:01	3.30	22:47	7.90	75	7:53	419	11:01
Schlüsie	3.10	22:57	7.84	63	6:38	373	10:02	6.40	45:44	7.87	73	14:31	403	21:03
Hermannsklippe	2.60	20:22	5.89	64	6:09	372	9:07	9.00	1:06:06	8.17	69	20:36	389	30:10
Brocken	3.10	27:21	6.58	28	5:13	147	10:09	12.10	1:33:27	7.70	54	25:49	323	40:19
Eiserner Handwe	3.60	21:47	8.26	69	7:32	379	10:10	15.70	1:55:14	7.81	60	33:08	337	50:29
Schlüsie	4.10	21:20	11.25	67	7:49	379	9:54	19.80	2:16:34	8.35	63	40:25	351	1:00:23
Loddenke	3.10	17:16	10.42	69	5:45	388	7:39	22.90	2:33:50	8.58	63	46:10	352	1:08:02
Ilseburg/Markt	3.30	19:05	9.43	71	6:22	394	8:38	26.20	2:52:55	9.02	64	52:32	364	1:16:40