



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Benter, Christoph

Club: Göttingen
Number: 19

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:54:13

Speed: 8.95 km/h

Rank in course/Total: 413 (of 532)

Rank in course/Men: 368 (of 452)

Best time in course: 1:36:15

Rank in category: 17(of 30)

Best time in the category: 2:20:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:13	8.10	24	4:38	406	10:27	3.30	22:13	8.10	24	4:38	406	10:27
Schlüsie	3.10	22:46	7.91	16	3:31	364	9:51	6.40	44:59	8.00	17	7:58	381	20:18
Hermannsklippe	2.60	19:49	6.06	12	3:08	343	8:34	9.00	1:04:48	8.33	17	10:32	374	28:52
Brocken	3.10	30:08	5.97	6	4:12	263	12:56	12.10	1:34:56	7.58	14	14:44	346	41:48
Eiserner Handwe	3.60	22:19	8.07	22	5:28	396	10:42	15.70	1:57:15	7.68	15	20:12	358	52:30
Schlüsie	4.10	21:40	11.08	21	6:06	385	10:14	19.80	2:18:55	8.21	14	25:28	362	1:02:44
Loddenke	3.10	16:48	10.71	17	3:49	367	7:11	22.90	2:35:43	8.48	16	29:14	368	1:09:55
Ilseburg/Markt	3.30	18:30	9.73	19	4:14	377	8:03	26.20	2:54:13	8.95	17	33:28	368	1:17:58