



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Böker, Detlef

Club: Osloß
Number: 514

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:55:29

Speed: 8.96 km/h

Rank in course/Total: 424 (of 532)

Rank in course/Men: 377 (of 452)

Best time in course: 1:36:15

Rank in category: 68(of 78)

Best time in the category: 2:00:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:05	9.39	67	6:11	359	9:19	3.30	21:05	9.39	67	6:11	359	9:19
Schlüsie	3.10	23:06	8.05	64	6:47	377	10:11	6.40	44:11	8.69	65	12:58	371	19:30
Hermannsklippe	2.60	20:10	7.74	62	5:57	367	8:55	9.00	1:04:21	8.39	63	18:51	370	28:25
Brocken	3.10	33:01	5.63	63	10:53	360	15:49	12.10	1:37:22	7.46	65	29:44	373	44:14
Eiserner Handwe	3.60	21:46	9.92	68	7:31	377	10:09	15.70	1:59:08	7.91	67	37:02	376	54:23
Schlüsie	4.10	21:03	11.69	65	7:32	372	9:37	19.80	2:20:11	8.47	66	44:02	377	1:04:00
Loddenke	3.10	17:21	10.72	70	5:50	394	7:44	22.90	2:37:32	8.72	67	49:52	378	1:11:44
Ilseburg/Markt	3.30	17:57	11.03	62	5:14	345	7:30	26.20	2:55:29	8.96	68	55:06	377	1:19:14