



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Dolch, Steffen

Club: Rübeland  
Number: 398

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:56:02

Speed: 8.93 km/h

Rank in course/Total: 427 (of 532)

Rank in course/Men: 379 (of 452)

Best time in course: 1:36:15

Rank in category: 44(of 48)

Best time in the category: 1:56:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:48	10.00	37	5:40	260	8:02	3.30	19:48	10.00	37	5:40	260	8:02
Schlüsie	3.10	22:30	8.27	43	6:37	354	9:35	6.40	42:18	9.08	41	12:15	316	17:37
Hermannsklippe	2.60	20:12	7.72	41	6:20	369	8:57	9.00	1:02:30	8.64	43	18:31	339	26:34
Brocken	3.10	32:22	5.75	40	10:41	345	15:10	12.10	1:34:52	7.65	42	29:12	345	41:44
Eiserner Handwe	3.60	20:24	10.59	40	6:39	323	8:47	15.70	1:55:16	8.17	41	35:40	338	50:31
Schlüsie	4.10	19:51	12.39	40	6:39	323	8:25	19.80	2:15:07	8.79	40	42:13	333	58:56
Loddenke	3.10	19:41	9.45	48	8:16	429	10:04	22.90	2:34:48	8.88	44	50:29	359	1:09:00
Ilseburg/Markt	3.30	21:14	9.32	47	8:39	427	10:47	26.20	2:56:02	8.93	44	59:08	379	1:19:47