



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Kranz, Timo

Club: VfL Sittensen  
Number: 438

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 3:00:11

Speed: 8.72 km/h

Rank in course/Total: 450 (of 532)

Rank in course/Men: 396 (of 452)

Best time in course: 1:36:15

Rank in category: 56(of 59)

Best time in the category: 1:45:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Loddenke	3.30	20:24	9.71	45	7:18	305	8:38	3.30	20:24	9.71	45	7:18	305	8:38	
Schlüsie	3.10	22:03	8.44	50	7:40	331	9:08	6.40	42:27	9.05	46	14:46	320	17:46	
Hermannsklippe	2.60	20:04	7.77	55	7:34	361	8:49	9.00	1:02:31	8.64	51	22:07	341	26:35	
Brocken	3.10	34:09	5.45	56	14:19	396	16:57	12.10	1:36:40	7.51	54	36:26	367	43:32	
Eiserner Handwe	3.60	25:23	8.51	57	13:08	433	13:46	15.70	2:02:03	7.72	56	49:34	398	57:18	
Schlüsie	4.10	24:35	10.01	57	12:41	427	13:09	19.80	2:26:38	8.10	57	1:02:15	406	1:10:27	
Loddenke	3.10	16:18	11.41	53	6:10	339	6:41	22.90	2:42:56	8.43	56	1:08:25	398	1:17:08	
Ilseburg/Markt	3.30	17:15	11.48	49	6:15	312	6:48	26.20	3:00:11	8.72	56	1:14:40	396	1:23:56	