



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Kranz, Timo

Club: VfL Sittensen
Number: 438

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:00:11

Speed: 8.66 km/h

Rank in course/Total: 450 (of 532)

Rank in course/Men: 396 (of 452)

Best time in course: 1:36:15

Rank in category: 56(of 59)

Best time in the category: 1:45:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:24	8.82	45	7:18	305	8:38	3.30	20:24	8.82	45	7:18	305	8:38
Schlüsie	3.10	22:03	8.16	50	7:40	331	9:08	6.40	42:27	8.48	46	14:46	320	17:46
Hermannsklippe	2.60	20:04	5.98	55	7:34	361	8:49	9.00	1:02:31	8.64	51	22:07	341	26:35
Brocken	3.10	34:09	5.27	56	14:19	396	16:57	12.10	1:36:40	7.45	54	36:26	367	43:32
Eiserner Handwe	3.60	25:23	7.09	57	13:08	433	13:46	15.70	2:02:03	7.37	56	49:34	398	57:18
Schlüsie	4.10	24:35	9.76	57	12:41	427	13:09	19.80	2:26:38	7.77	57	1:02:15	406	1:10:27
Loddenke	3.10	16:18	11.04	53	6:10	339	6:41	22.90	2:42:56	8.10	56	1:08:25	398	1:17:08
Ilseburg/Markt	3.30	17:15	10.43	49	6:15	312	6:48	26.20	3:00:11	8.66	56	1:14:40	396	1:23:56