



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Wernicke, Raik

Club: TGS Walldorf
Number: 235

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:00:35

Speed: 8.64 km/h

Rank in course/Total: 452 (of 532)

Rank in course/Men: 398 (of 452)

Best time in course: 1:36:15

Rank in category: 81(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:19	8.44	77	7:12	367	9:33	3.30	21:19	8.44	77	7:12	367	9:33
Schlüsie	3.10	23:21	7.71	79	7:35	385	10:26	6.40	44:40	8.06	77	14:47	377	19:59
Hermannsklippe	2.60	21:19	5.63	81	7:28	396	10:04	9.00	1:05:59	8.18	79	22:15	385	30:03
Brocken	3.10	35:10	5.12	85	14:19	415	17:58	12.10	1:41:09	7.12	82	36:31	405	48:01
Eiserner Handwe	3.60	21:48	8.26	79	8:19	380	10:11	15.70	2:02:57	7.32	83	44:50	404	58:12
Schlüsie	4.10	20:34	11.67	68	7:27	351	9:08	19.80	2:23:31	7.94	81	51:45	395	1:07:20
Loddenke	3.10	17:36	10.23	80	7:02	396	7:59	22.90	2:41:07	8.19	81	58:10	395	1:15:19
Ilseburg/Markt	3.30	19:28	9.25	83	7:31	407	9:01	26.20	3:00:35	8.64	81	1:05:23	398	1:24:20