



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Langer, Markus F.

Club: MTV Stederdorf
Number: 129

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:00:59

Speed: 8.69 km/h

Rank in course/Total: 454 (of 532)

Rank in course/Men: 399 (of 452)

Best time in course: 1:36:15

Rank in category: 82(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:41	9.57	69	6:34	324	8:55	3.30	20:41	9.57	69	6:34	324	8:55
Schlüsie	3.10	22:59	8.09	78	7:13	375	10:04	6.40	43:40	8.79	76	13:47	367	18:59
Hermannsklippe	2.60	20:44	7.52	78	6:53	380	9:29	9.00	1:04:24	8.39	77	20:40	372	28:28
Brocken	3.10	34:37	5.37	82	13:46	406	17:25	12.10	1:39:01	7.33	81	34:23	388	45:53
Eiserner Handwe	3.60	25:02	8.63	88	11:33	431	13:25	15.70	2:04:03	7.59	84	45:56	409	59:18
Schlüsie	4.10	21:18	11.55	76	8:11	377	9:52	19.80	2:25:21	8.17	83	53:35	400	1:09:10
Loddenke	3.10	16:53	11.02	75	6:19	369	7:16	22.90	2:42:14	8.47	82	59:17	397	1:16:26
Ilseburg/Markt	3.30	18:45	10.56	77	6:48	385	8:18	26.20	3:00:59	8.69	82	1:05:47	399	1:24:44