



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Kopp, Sonja

Club: Aus Lindau am Harz
Number: 229

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 3:04:07

Speed: 8.47 km/h

Rank in course/Total: 461 (of 532)

Rank in course/Women: 57 (of 80)

Best time in course: 2:06:25

Rank in category: 6(of 8)

Best time in the category: 2:13:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women		
Loddenke	3.30	21:23	8.42	4	41	2:57	6:16	3.30	21:23	8.42	4	41	2:57	6:16
Schlüsie	3.10	22:49	7.89	4	43	4:10	5:42	6.40	44:12	8.14	4	41	7:07	11:58
Hermannsklippe	2.60	21:41	5.53	7	56	5:46	6:14	9.00	1:05:53	8.20	5	49	12:53	18:12
Brocken	3.10	35:26	5.08	7	62	10:22	10:38	12.10	1:41:19	7.11	6	54	23:15	28:50
Eiserner Handwe	3.60	24:41	7.29	7	74	8:51	9:46	15.70	2:06:00	7.14	7	60	32:06	38:36
Schlüsie	4.10	22:12	10.81	6	63	7:39	8:15	19.80	2:28:12	7.69	6	59	39:45	46:51
Loddenke	3.10	18:01	9.99	6	64	6:36	6:36	22.90	2:46:13	7.94	6	59	46:21	53:13
Ilseburg/Markt	3.30	17:54	10.06	4	48	4:44	4:44	26.20	3:04:07	8.47	6	57	51:05	57:42