



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Torbahn, Steffen

Club: Bremen
Number: 254

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:04:49

Speed: 8.44 km/h

Rank in course/Total: 466 (of 532)

Rank in course/Men: 407 (of 452)

Best time in course: 1:36:15

Rank in category: 38(of 39)

Best time in the category: 1:51:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:28	7.67	39	9:45	434	11:42	3.30	23:28	7.67	39	9:45	434	11:42
Schlüsie	3.10	23:50	7.55	38	8:34	401	10:55	6.40	47:18	7.61	38	18:16	415	22:37
Hermannsklippe	2.60	19:42	6.09	36	6:36	335	8:27	9.00	1:07:00	8.06	38	24:52	405	31:04
Brocken	3.10	27:32	6.54	18	7:24	157	10:20	12.10	1:34:32	7.62	38	32:07	341	41:24
Eiserner Handwe	3.60	26:55	6.69	39	14:03	442	15:18	15.70	2:01:27	7.41	38	46:10	389	56:42
Schlüsie	4.10	25:51	9.28	38	12:54	441	14:25	19.80	2:27:18	7.74	38	59:04	408	1:11:07
Loddenke	3.10	19:05	9.43	38	7:58	422	9:28	22.90	2:46:23	7.93	38	1:07:02	410	1:20:35
Ilseburg/Markt	3.30	18:26	9.76	35	6:09	372	7:59	26.20	3:04:49	8.44	38	1:13:11	407	1:28:34