



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Nehrkorn, Joachim

Club: Ort: Werne an der Lippe
Number: 300

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:05:27

Speed: 8.48 km/h

Rank in course/Total: 471 (of 532)

Rank in course/Men: 412 (of 452)

Best time in course: 1:36:15

Rank in category: 25(of 30)

Best time in the category: 2:20:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:38	9.15	20	4:03	389	9:52	3.30	21:38	9.15	20	4:03	389	9:52
Schlüsie	3.10	23:33	7.90	21	4:18	394	10:38	6.40	45:11	8.50	19	8:10	388	20:30
Hermannsklippe	2.60	21:23	7.30	25	4:42	401	10:08	9.00	1:06:34	8.11	24	12:18	396	30:38
Brocken	3.10	32:51	5.66	18	6:55	357	15:39	12.10	1:39:25	7.30	20	19:13	391	46:17
Eiserner Handwe	3.60	23:42	9.11	27	6:51	421	12:05	15.70	2:03:07	7.65	24	26:04	405	58:22
Schlüsie	4.10	23:10	10.62	24	7:36	415	11:44	19.80	2:26:17	8.12	24	32:50	405	1:10:06
Loddenke	3.10	18:50	9.88	24	5:51	418	9:13	22.90	2:45:07	8.32	24	38:38	406	1:19:19
Ilseburg/Markt	3.30	20:20	9.74	26	6:04	417	9:53	26.20	3:05:27	8.48	25	44:42	412	1:29:12