



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Machinek, Horst

Club: Maschsee-Sharks Hannover
Number: 520

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:11:48

Speed: 8.13 km/h

Rank in course/Total: 486 (of 532)

Rank in course/Men: 418 (of 452)

Best time in course: 1:36:15

Rank in category: 44(of 50)

Best time in the category: 2:08:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:00	7.83	42	6:31	426	11:14	3.30	23:00	7.83	42	6:31	426	11:14
Schlüsie	3.10	25:17	7.12	44	7:58	423	12:22	6.40	48:17	7.46	44	14:03	426	23:36
Hermannsklippe	2.60	22:46	5.27	43	7:54	420	11:31	9.00	1:11:03	7.60	43	21:09	422	35:07
Brocken	3.10	36:44	4.90	47	12:50	429	19:32	12.10	1:47:47	6.68	43	33:59	421	54:39
Eiserner Handwe	3.60	22:34	7.98	46	7:07	406	10:57	15.70	2:10:21	6.90	45	41:06	421	1:05:36
Schlüsie	4.10	21:46	11.03	36	7:31	390	10:20	19.80	2:32:07	7.49	44	48:37	419	1:15:56
Loddenke	3.10	18:04	9.96	43	6:14	404	8:27	22.90	2:50:11	7.76	44	54:51	419	1:24:23
Ilseburg/Markt	3.30	21:37	8.33	46	8:26	430	11:10	26.20	3:11:48	8.13	44	1:03:17	418	1:35:33