



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Ziemann, Frank

Club: Etingen
Number: 164

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:12:49

Speed: 8.09 km/h

Rank in course/Total: 490 (of 532)

Rank in course/Men: 422 (of 452)

Best time in course: 1:36:15

Rank in category: 76(of 78)

Best time in the category: 2:00:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	24:05	7.47	78	9:11	441	12:19	3.30	24:05	7.47	78	9:11	441	12:19
Schlüsie	3.10	25:08	7.16	76	8:49	420	12:13	6.40	49:13	7.31	77	18:00	431	24:32
Hermannsklippe	2.60	22:35	5.31	74	8:22	418	11:20	9.00	1:11:48	7.52	76	26:18	425	35:52
Brocken	3.10	36:49	4.89	75	14:41	430	19:37	12.10	1:48:37	6.63	76	40:59	427	55:29
Eiserner Handwe	3.60	23:05	7.80	77	8:50	417	11:28	15.70	2:11:42	6.83	76	49:36	425	1:06:57
Schlüsie	4.10	22:29	10.67	72	8:58	405	11:03	19.80	2:34:11	7.39	76	58:02	422	1:18:00
Loddenke	3.10	19:11	9.38	77	7:40	425	9:34	22.90	2:53:22	7.61	76	1:05:42	423	1:27:34
Ilseburg/Markt	3.30	19:27	9.25	72	6:44	404	9:00	26.20	3:12:49	8.09	76	1:12:26	422	1:36:34