



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Wanielik, Jens

Club: Wolfenbüttel  
Number: 190

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 3:17:15

Speed: 7.91 km/h

Rank in course/Total: 498 (of 532)

Rank in course/Men: 428 (of 452)

Best time in course: 1:36:15

Rank in category: 57(of 59)

Best time in the category: 1:45:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:19	8.44	52	8:13	367	9:33	3.30	21:19	8.44	52	8:13	367	9:33
Schlüsie	3.10	22:42	7.93	53	8:19	361	9:47	6.40	44:01	8.18	55	16:20	368	19:20
Hermannsklippe	2.60	19:21	6.20	51	6:51	312	8:06	9.00	1:03:22	8.52	55	22:58	359	27:26
Brocken	3.10	34:23	5.24	57	14:33	399	17:11	12.10	1:37:45	7.37	56	37:31	377	44:37
Eiserner Handwe	3.60	24:22	7.39	56	12:07	427	12:45	15.70	2:02:07	7.37	57	49:38	399	57:22
Schlüsie	4.10	22:19	10.75	56	10:25	403	10:53	19.80	2:24:26	7.89	56	1:00:03	396	1:08:15
Loddenke	3.10	23:58	7.51	59	13:50	448	14:21	22.90	2:48:24	7.84	57	1:13:53	417	1:22:36
Ilseburg/Markt	3.30	28:51	6.24	59	17:51	448	18:24	26.20	3:17:15	7.91	57	1:31:44	428	1:41:00