



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Reising, Marcel

Club: erst laufen dann saufen
Number: 206

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:20:17

Speed: 7.79 km/h

Rank in course/Total: 505 (of 532)

Rank in course/Men: 435 (of 452)

Best time in course: 1:36:15

Rank in category: 88(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:27	7.68	88	9:20	433	11:41	3.30	23:27	7.68	88	9:20	433	11:41
Schlüsie	3.10	25:45	6.99	87	9:59	427	12:50	6.40	49:12	7.32	88	19:19	430	24:31
Hermannsklippe	2.60	23:08	5.19	87	9:17	426	11:53	9.00	1:12:20	7.47	87	28:36	426	36:24
Brocken	3.10	35:47	5.03	86	14:56	419	18:35	12.10	1:48:07	6.66	87	43:29	424	54:59
Eiserner Handwe	3.60	24:54	7.23	87	11:25	430	13:17	15.70	2:13:01	6.77	87	54:54	427	1:08:16
Schlüsie	4.10	25:35	9.38	89	12:28	436	14:09	19.80	2:38:36	7.19	87	1:06:50	430	1:22:25
Loddenke	3.10	20:15	8.89	88	9:41	434	10:38	22.90	2:58:51	7.38	87	1:15:54	434	1:33:03
Ilseburg/Markt	3.30	21:26	8.40	88	9:29	428	10:59	26.20	3:20:17	7.79	88	1:25:05	435	1:44:02