



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Ostendorf, Jörg

Club: Hamburg
Number: 67

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:28:46

Speed: 7.47 km/h

Rank in course/Total: 513 (of 532)

Rank in course/Men: 439 (of 452)

Best time in course: 1:36:15

Rank in category: 58(of 59)

Best time in the category: 1:45:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:09	8.13	56	9:03	395	10:23	3.30	22:09	8.13	56	9:03	395	10:23
Schlüsie	3.10	25:21	7.10	58	10:58	424	12:26	6.40	47:30	7.58	58	19:49	418	22:49
Hermannsklippe	2.60	27:19	4.39	59	14:49	449	16:04	9.00	1:14:49	7.22	59	34:25	438	38:53
Brocken	3.10	38:44	4.65	58	18:54	438	21:32	12.10	1:53:33	6.34	59	53:19	440	1:00:25
Eiserner Handwe	3.60	26:56	6.68	59	14:41	443	15:19	15.70	2:20:29	6.41	59	1:08:00	441	1:15:44
Schlüsie	4.10	27:09	8.84	59	15:15	446	15:43	19.80	2:47:38	6.80	59	1:23:15	443	1:31:27
Loddenke	3.10	19:57	9.02	57	9:49	432	10:20	22.90	3:07:35	7.04	59	1:33:04	441	1:41:47
Ilseburg/Markt	3.30	21:11	8.50	56	10:11	425	10:44	26.20	3:28:46	7.47	58	1:43:15	439	1:52:31