



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Bieder, Michael

Club: Benneckensteiner
Number: 375

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:30:05

Speed: 7.43 km/h

Rank in course/Total: 515 (of 532)

Rank in course/Men: 440 (of 452)

Best time in course: 1:36:15

Rank in category: 90(of 91)

Best time in the category: 1:55:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total		Total		Total		Pos		Behind		
				Cat.	Men	Cat.	Men	km	Time	km/h	Cat.	Men	Cat.	Men				
Loddenke	3.30	22:11	8.11	80	398	8:04	10:25	3.30	22:11	8.11	80	398	8:04	10:25	80	398	8:04	10:25
Schlüsie	3.10	26:59	6.67	89	440	11:13	14:04	6.40	49:10	7.32	87	428	19:17	24:29	87	428	19:17	24:29
Hermannsklippe	2.60	24:29	4.90	89	436	10:38	13:14	9.00	1:13:39	7.33	89	432	29:55	37:43	89	432	29:55	37:43
Brocken	3.10	39:02	4.61	90	441	18:11	21:50	12.10	1:52:41	6.39	90	436	48:03	59:33	90	436	48:03	59:33
Eiserner Handwe	3.60	26:06	6.90	90	440	12:37	14:29	15.70	2:18:47	6.48	90	440	1:00:40	1:14:02	90	440	1:00:40	1:14:02
Schlüsie	4.10	25:32	9.40	87	434	12:25	14:06	19.80	2:44:19	6.94	90	439	1:12:33	1:28:08	90	439	1:12:33	1:28:08
Loddenke	3.10	21:16	8.46	90	439	10:42	11:39	22.90	3:05:35	7.11	90	439	1:22:38	1:39:47	90	439	1:22:38	1:39:47
Ilseburg/Markt	3.30	24:30	7.35	90	442	12:33	14:03	26.20	3:30:05	7.43	90	440	1:34:53	1:53:50	90	440	1:34:53	1:53:50