



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Röhse, Sören

Club: AuE Kassel GmbH
Number: 179

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:30:05

Speed: 7.43 km/h

Rank in course/Total: 516 (of 532)

Rank in course/Men: 440 (of 452)

Best time in course: 1:36:15

Rank in category: 59(of 59)

Best time in the category: 1:45:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:11	8.11	58	9:05	398	10:25	3.30	22:11	8.11	58	9:05	398	10:25
Schlüsie	3.10	27:04	6.65	59	12:41	441	14:09	6.40	49:15	7.31	59	21:34	432	24:34
Hermannsklippe	2.60	24:37	4.87	58	12:07	437	13:22	9.00	1:13:52	7.31	58	33:28	434	37:56
Brocken	3.10	39:12	4.59	59	19:22	442	22:00	12.10	1:53:04	6.37	58	52:50	439	59:56
Eiserner Handwe	3.60	25:30	7.06	58	13:15	436	13:53	15.70	2:18:34	6.50	58	1:06:05	439	1:13:49
Schlüsie	4.10	25:41	9.34	58	13:47	439	14:15	19.80	2:44:15	6.94	58	1:19:52	438	1:28:04
Loddenke	3.10	21:20	8.44	58	11:12	440	11:43	22.90	3:05:35	7.11	58	1:31:04	439	1:39:47
Ilseburg/Markt	3.30	24:30	7.35	58	13:30	442	14:03	26.20	3:30:05	7.43	59	1:44:34	440	1:53:50