



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Freund, Hans-Joachim

Club: Weinheim
Number: 178

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:35:38

Speed: 7.23 km/h

Rank in course/Total: 520 (of 532)

Rank in course/Men: 444 (of 452)

Best time in course: 1:36:15

Rank in category: 39(of 39)

Best time in the category: 1:51:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	km/h	Pos	Behind	Pos					Behind
Loddenke	3.30	23:15	7.74	38	9:32	429	11:29	3.30	23:15	7.74	38	9:32	429	11:29				
Schlüsie	3.10	26:50	6.71	39	11:34	437	13:55	6.40	50:05	7.19	39	21:03	438	25:24				
Hermannsklippe	2.60	26:13	4.58	39	13:07	443	14:58	9.00	1:16:18	7.08	39	34:10	444	40:22				
Brocken	3.10	39:20	4.58	39	19:12	444	22:08	12.10	1:55:38	6.23	39	53:13	446	1:02:30				
Eiserner Handwe	3.60	25:34	7.04	38	12:42	438	13:57	15.70	2:21:12	6.37	39	1:05:55	442	1:16:27				
Schlüsie	4.10	26:36	9.02	39	13:39	445	15:10	19.80	2:47:48	6.79	39	1:19:34	445	1:31:37				
Loddenke	3.10	22:44	7.92	39	11:37	445	13:07	22.90	3:10:32	6.93	39	1:31:11	444	1:44:44				
Ilseburg/Markt	3.30	25:06	7.17	39	12:49	444	14:39	26.20	3:35:38	7.23	39	1:44:00	444	1:59:23				