



Detailed evaluation

Nolte, Lennart

Club: HSG S/U/W
Number: 64

Course: 3.32 km
Duathlon Kids

Category:
männliche Jugend B

Total time: 11:43

Rank in course/Total: 12 (of 18)

Rank in course/Men: 10 (of 15)

Best time in course: 9:12

Rank in category: 2(of 3)

Best time in the category: 11:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lauf 1	0.40	2:03	5:07	2	0:01	8	0:15	0.40	2:03	5:07	2	0:01	8	0:15
Wechsel 1	0.01	1:10	116:40	2	0:03	11	0:20	0.41	3:13	7:50	2	0:03	11	0:34
Lauf Total	0.41	3:13	7:50	2	0:03	11	0:34	0.41	3:13	7:50	2	0:03	11	0:34
Rad netto	2.50	5:04	2:01	2	0:21	12	1:10	2.91	8:17	2:50	2	0:24	12	1:37
Wechsel 2	0.01	0:56	93:19	3	0:05	12	0:15	2.92	9:13	3:09	2	0:29	12	1:51
Rad Total	2.51	6:00	2:23	2	0:26	12	1:24	2.92	9:13	3:09	2	0:29	12	1:51
Lauf 2	0.40	2:30	6:15	2	0:02	10	0:40	3.32	11:43	3:31	2	0:31	10	2:31