



Detailed evaluation

Genschmar, Alexander

Total time: 1:25:49

Club: Amtsgericht Northeim

Number: 4

Course: 37.72 km

Rank in course/Total: 9 (of 53)

Carboo4U Duathlon Challenge

Rank in course/Men: 9 (of 46)

Best time in course: 1:22:11

Category:

Rank in category: 1(of 5)

SEN1 / TM 40

Best time in the category: 1:25:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lauf 1	4.70	17:36	3:44	1	-	4	0:19	4.70	17:36	3:44	1	-	4	0:19
Wechsel 1	0.01	1:28	146:39	3	0:27	28	0:37	4.71	19:04	4:02	1	-	7	0:49
Lauf Total	4.71	19:04	4:02	1	-	7	0:49	4.71	19:04	4:02	1	-	7	0:49
Rad netto	29.00	50:40	1:44	1	-	12	3:35	33.71	1:09:44	2:04	1	-	10	3:11
Wechsel 2	0.01	1:21	135:00	2	0:22	26	0:34	33.72	1:11:05	2:06	1	-	11	3:45
Rad Total	29.01	52:01	1:47	1	-	11	4:03	33.72	1:11:05	2:06	1	-	11	3:45
Lauf 2	4.00	14:44	3:40	1	-	3	0:12	37.72	1:25:49	2:16	1	-	9	3:38