



Detailed evaluation

Ellermeyer, Lennard

Total time: 1:24:43

Club: Team Offensen

Number: 47

Course: 37.72 km

Rank in course/Total: 8 (of 53)

Carboo4U Duathlon Challenge

Rank in course/Men: 8 (of 46)

Best time in course: 1:22:11

Category:

Rank in category: 2(of 5)

Junioren

Best time in the category: 1:23:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lauf 1	4.70	18:11	3:52	2	0:20	9	0:54	4.70	18:11	3:52	2	0:20	9	0:54
Wechsel 1	0.01	1:09	114:59	3	0:10	12	0:18	4.71	19:20	4:06	2	0:30	8	1:05
Lauf Total	4.71	19:20	4:06	2	0:30	8	1:05	4.71	19:20	4:06	2	0:30	8	1:05
Rad netto	29.00	49:20	1:42	2	0:48	8	2:15	33.71	1:08:40	2:02	2	1:18	8	2:07
Wechsel 2	0.01	0:52	86:40	2	0:05	3	0:05	33.72	1:09:32	2:03	2	1:23	8	2:12
Rad Total	29.01	50:12	1:43	2	0:53	8	2:14	33.72	1:09:32	2:03	2	1:23	8	2:12
Lauf 2	4.00	15:11	3:47	2	0:18	6	0:39	37.72	1:24:43	2:14	2	1:41	8	2:32