



Detailed evaluation

Jendrysik, Karl Heinz

Total time: 1:50:28

Club: Laufteam Urbockschänke
Number: 29

Course: 37.72 km
Carboo4U Duathlon Challenge

Rank in course/Total: 36 (of 53)

Rank in course/Men: 36 (of 46)

Best time in course: 1:22:11

Category:
SEN4 / TM 55

Rank in category: 1(of 3)

Best time in the category: 1:50:28

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lauf 1	4.70	22:03	4:41	1	-	28	4:46	4.70	22:03	4:41	1	-	28	4:46
Wechsel 1	0.01	1:29	148:20	3	0:11	29	0:38	4.71	23:32	4:59	1	-	24	5:17
Lauf Total	4.71	23:32	4:59	1	-	24	5:17	4.71	23:32	4:59	1	-	24	5:17
Rad netto	29.00	1:05:36	2:15	2	4:12	40	18:31	33.71	1:29:08	2:38	2	1:23	38	22:35
Wechsel 2	0.01	1:01	101:39	1	-	13	0:14	33.72	1:30:09	2:40	2	1:07	38	22:49
Rad Total	29.01	1:06:37	2:17	2	3:56	40	18:39	33.72	1:30:09	2:40	2	1:07	38	22:49
Lauf 2	4.00	20:19	5:04	1	-	29	5:47	37.72	1:50:28	2:55	1	-	36	28:17