



Detailed evaluation

Henze, Hans-Dieter

Total time: 2:01:40

Number: 82

Course: 37.72 km

Rank in course/Total: 43 (of 53)

Carboo4U Duathlon Challenge

Rank in course/Men: 42 (of 46)

Best time in course: 1:22:11

Category:

Rank in category: 1(of 1)

SEN6 / TM 65

Best time in the category: 2:01:40

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lauf 1	4.70	27:07	5:46	1	-	44	9:50	4.70	27:07	5:46	1	-	44	9:50
Wechsel 1	0.01	1:54	190:00	1	-	42	1:03	4.71	29:01	6:09	1	-	44	10:46
Lauf Total	4.71	29:01	6:09	1	-	44	10:46	4.71	29:01	6:09	1	-	44	10:46
Rad netto	29.00	1:03:48	2:11	1	-	39	16:43	33.71	1:32:49	2:45	1	-	41	26:16
Wechsel 2	0.01	1:42	170:00	1	-	40	0:55	33.72	1:34:31	2:48	1	-	41	27:11
Rad Total	29.01	1:05:30	2:15	1	-	39	17:32	33.72	1:34:31	2:48	1	-	41	27:11
Lauf 2	4.00	27:09	6:47	1	-	45	12:37	37.72	2:01:40	3:13	1	-	42	39:29