



Detailed evaluation

Steeg, Claudia

Total time: 2:06:27

Club: Catfun-Foto/Carboo4U Team
Number: 70

Course: 37.72 km
Carboo4U Duathlon Challenge

Rank in course/Total: 49 (of 53)

Rank in course/Women: 4 (of 7)

Best time in course: 1:55:12

Category:
SEN2 / TW 45

Rank in category: 2(of 2)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lauf 1	4.70	23:44	5:02	1	-	1	-	4.70	23:44	5:02	1	-	1	-
Wechsel 1	0.01	1:33	155:00	1	-	5	0:31	4.71	25:17	5:22	1	-	1	-
Lauf Total	4.71	25:17	5:22	1	-	1	-	4.71	25:17	5:22	1	-	1	-
Rad netto	29.00	1:16:13	2:37	2	10:55	5	10:55	33.71	1:41:30	3:00	2	8:25	4	8:25
Wechsel 2	0.01	1:12	120:00	1	-	4	0:14	33.72	1:42:42	3:02	2	7:52	3	7:52
Rad Total	29.01	1:17:25	2:40	2	10:22	5	10:22	33.72	1:42:42	3:02	2	7:52	3	7:52
Lauf 2	4.00	23:45	5:56	2	3:23	4	3:27	37.72	2:06:27	3:21	2	11:15	4	11:15