



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

EISENVOGEL Uslar

Total time: 1:43:19

Club: ""RRR""

Number: 160

Course: 34.85 km

Rank in course/Total: 4 (of 12)

Carboo4u Triathlon Firmen- und Staffeltriathlon

Rank in course/Total: 4 (of 12)

Best time in course: 1:22:17

Category:

Rank in category: 4(of 12)

Staffel

Best time in the category: 1:22:17

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time			min/km	Cat.								
Schwimmen nett	0.75	19:03	25:24	7	5:32	7	5:32	0.75	19:03	25:24	7	5:32	7	5:32
Wechsel S -> R	0.05	0:16	5:19	1	-	1	-	0.80	19:19	24:08	7	5:29	7	5:29
Schwimmen Total	0.80	19:19	24:08	7	5:29	7	5:29	0.80	19:19	24:08	7	5:29	7	5:29
Rad netto	29.00	1:02:11	2:08	4	12:31	4	12:31	29.80	1:21:30	2:44	4	18:00	4	18:00
Wechsel R -> L	0.05	0:25	8:20	4	0:05	4	0:05	29.85	1:21:55	2:44	4	18:03	4	18:03
Rad Total	29.05	1:02:36	2:09	4	12:34	4	12:34	29.85	1:21:55	2:44	4	18:03	4	18:03
Lauf	5.00	21:24	4:16	4	2:59	4	2:59	34.85	1:43:19	2:57	4	21:02	4	21:02