



# Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

## Detailed evaluation

**Plichta, Joy**

Total time: 19:43

Club: Albaxen

Number: 53

Course: 3.10 km

Rank in course/Total: 2 (of 2)

Carboo4u Triathlon Schüler C

Rank in course/Women: 1 (of 1)

Best time in course: 19:43

Category:

Rank in category: 1(of 1)

weibliche Schüler C (8+9 Jahre)

Best time in the category: 19:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.10	2:19	23:10	1	-	1	-	0.10	2:19	23:10	1	-	1	-
Wechsel S -> R	0.05	2:06	42:00	1	-	1	-	0.15	4:25	29:26	1	-	1	-
Schwimmen Total	0.15	4:25	29:26	1	-	1	-	0.15	4:25	29:26	1	-	1	-
Rad netto	2.50	12:24	4:57	1	-	1	-	2.65	16:49	6:20	1	-	1	-
Wechsel R -> L	0.05	0:45	15:00	1	-	1	-	2.70	17:34	6:30	1	-	1	-
Rad Total	2.55	13:09	5:09	1	-	1	-	2.70	17:34	6:30	1	-	1	-
Lauf	0.40	2:09	5:22	1	-	1	-	3.10	19:43	6:21	1	-	1	-