



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Springer, Marcel

Total time: 1:44:49

Club: -

Number: 21

Course: 34.85 km

Rank in course/Total: 43 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 38 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 3(of 3)

AK2 männlich (25-29 Jahre)

Best time in the category: 1:31:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	14:54	19:52	3	2:30	27	4:53	0.75	14:54	19:52	3	2:30	56	4:53
Wechsel S -> R	0.05	1:02	20:40	1	-	5	0:11	0.80	15:56	19:54	2	2:06	56	4:38
Schwimmen Total	0.80	15:56	19:54	2	2:06	56	4:38	0.80	15:56	19:54	2	2:06	56	4:38
Rad netto	29.00	1:01:21	2:06	3	8:59	46	14:40	29.80	1:17:17	2:35	3	11:05	56	17:29
Wechsel R -> L	0.05	0:38	12:39	1	-	6	0:05	29.85	1:17:55	2:36	3	11:00	56	17:22
Rad Total	29.05	1:01:59	2:08	3	8:54	45	14:43	29.85	1:17:55	2:36	3	11:00	56	17:22
Lauf	5.00	26:54	5:22	3	2:18	47	10:36	34.85	1:44:49	3:00	3	13:18	38	25:09