



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Renn, Markus

Total time: 1:45:50

Club: RSC Göttingen

Number: 4

Course: 34.85 km

Rank in course/Total: 45 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 40 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 13(of 18)

Senioren 2 (45-49 Jahre)

Best time in the category: 1:21:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	17:15	23:00	15	7:14	44	7:14	0.75	17:15	23:00	19	7:14	56	7:14
Wechsel S -> R	0.05	1:41	33:39	7	0:43	24	0:50	0.80	18:56	23:39	19	7:38	56	7:38
Schwimmen Total	0.80	18:56	23:39	19	7:38	56	7:38	0.80	18:56	23:39	19	7:38	56	7:38
Rad netto	29.00	59:39	2:03	12	10:35	40	12:58	29.80	1:18:35	2:38	19	18:09	56	18:47
Wechsel R -> L	0.05	1:05	21:39	12	0:23	38	0:32	29.85	1:19:40	2:40	19	18:20	56	19:07
Rad Total	29.05	1:00:44	2:05	11	10:42	40	13:28	29.85	1:19:40	2:40	19	18:20	56	19:07
Lauf	5.00	26:10	5:14	15	6:14	43	9:52	34.85	1:45:50	3:02	13	24:34	40	26:10