



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Wallmen, Sören

Total time: 1:20:05

Club: Kölner Triathlon Team 01

Number: 0

Course: 34.85 km

Rank in course/Total: 3 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 3 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 2(of 12)

AK4 männlich (35-39 Jahre)

Best time in the category: 1:19:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	11:48	15:44	1	-	4	1:47	0.75	11:48	15:44	1	-	4	1:47
Wechsel S -> R	0.05	1:11	23:39	2	0:11	8	0:20	0.80	12:59	16:13	1	-	3	1:41
Schwimmen Total	0.80	12:59	16:13	1	-	3	1:41	0.80	12:59	16:13	1	-	3	1:41
Rad netto	29.00	46:49	1:36	2	0:08	2	0:08	29.80	59:48	2:00	1	-	1	-
Wechsel R -> L	0.05	1:13	24:19	10	0:40	46	0:40	29.85	1:01:01	2:02	2	0:28	3	0:28
Rad Total	29.05	48:02	1:39	2	0:46	3	0:46	29.85	1:01:01	2:02	2	0:28	3	0:28
Lauf	5.00	19:04	3:48	2	2:46	3	2:46	34.85	1:20:05	2:17	2	0:25	3	0:25