



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Rümenap, Tim

Total time: 1:19:41

Club: PEDO Schweißtechnik Running Team

Number: 0

Course: 34.85 km

Rank in course/Total: 2 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 2 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 1(of 7)

AK3 männlich (30-34 Jahre)

Best time in the category: 1:19:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	12:12	16:15	1	-	7	2:11	0.75	12:12	16:15	1	-	7	2:11
Wechsel S -> R	0.05	0:51	17:00	1	-	1	-	0.80	13:03	16:18	1	-	5	1:45
Schwimmen Total	0.80	13:03	16:18	1	-	5	1:45	0.80	13:03	16:18	1	-	5	1:45
Rad netto	29.00	47:05	1:37	1	-	3	0:24	29.80	1:00:08	2:01	1	-	3	0:20
Wechsel R -> L	0.05	0:33	11:00	1	-	1	-	29.85	1:00:41	2:01	1	-	2	0:08
Rad Total	29.05	47:38	1:38	1	-	2	0:22	29.85	1:00:41	2:01	1	-	2	0:08
Lauf	5.00	19:00	3:47	1	-	2	2:42	34.85	1:19:41	2:17	1	-	2	0:01