



# Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

## Detailed evaluation

Lenk, Marcus

Total time: 1:19:40

Club: Team Lenk Bau

Number: 0

Course: 34.85 km

Rank in course/Total: 1 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 1 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 1(of 12)

AK4 männlich (35-39 Jahre)

Best time in the category: 1:19:40

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	12:00	16:00	2	0:12	5	1:59	0.75	12:00	16:00	2	0:12	5	1:59
Wechsel S -> R	0.05	1:17	25:40	4	0:17	11	0:26	0.80	13:17	16:36	2	0:18	6	1:59
Schwimmen Total	0.80	13:17	16:36	2	0:18	6	1:59	0.80	13:17	16:36	2	0:18	6	1:59
Rad netto	29.00	46:41	1:36	1	-	1	-	29.80	59:58	2:00	2	0:10	2	0:10
Wechsel R -> L	0.05	0:35	11:39	2	0:02	3	0:02	29.85	1:00:33	2:01	1	-	1	-
Rad Total	29.05	47:16	1:37	1	-	1	-	29.85	1:00:33	2:01	1	-	1	-
Lauf	5.00	19:07	3:49	3	2:49	4	2:49	34.85	1:19:40	2:17	1	-	1	-