



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Meise, Matthias

Total time: 1:29:31

Club: Jedes Training zählt

Number: 0

Course: 34.85 km

Rank in course/Total: 11 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 11 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 3(of 18)

Senioren 2 (45-49 Jahre)

Best time in the category: 1:21:16

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.75 | 13:40 | 18:13 | 4 | 3:39 | 15 | 3:39 | 0.75 | 13:40 | 18:13 | 4 | 3:39 | 15 | 3:39 |
| Wechsel S -> R | 0.05 | 2:08 | 42:39 | 10 | 1:10 | 35 | 1:17 | 0.80 | 15:48 | 19:45 | 5 | 4:30 | 20 | 4:30 |
| Schwimmen Total | 0.80 | 15:48 | 19:45 | 5 | 4:30 | 20 | 4:30 | 0.80 | 15:48 | 19:45 | 5 | 4:30 | 20 | 4:30 |
| Rad netto | 29.00 | 51:45 | 1:47 | 5 | 2:41 | 16 | 5:04 | 29.80 | 1:07:33 | 2:16 | 4 | 7:07 | 14 | 7:45 |
| Wechsel R -> L | 0.05 | 1:08 | 22:39 | 15 | 0:26 | 42 | 0:35 | 29.85 | 1:08:41 | 2:18 | 4 | 7:21 | 13 | 8:08 |
| Rad Total | 29.05 | 52:53 | 1:49 | 5 | 2:51 | 16 | 5:37 | 29.85 | 1:08:41 | 2:18 | 4 | 7:21 | 13 | 8:08 |
| Lauf | 5.00 | 20:50 | 4:09 | 2 | 0:54 | 10 | 4:32 | 34.85 | 1:29:31 | 2:34 | 3 | 8:15 | 11 | 9:51 |