



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Lenk, Mia

Total time: 34:52

Club: Schule am Hohen Hagen Dransfeld

Number: 0

Course: 6.30 km

Rank in course/Total: 2 (of 2)

Carboo4u Triathlon Schüler B

Rank in course/Women: 2 (of 2)

Best time in course: 34:48

Category:

Rank in category: 2(of 2)

weibliche Schüler B (10+11 Jahre)

Best time in the category: 34:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.20	3:11	15:54	2	0:07	2	0:07	0.20	3:11	15:54	2	0:07	2	0:07
Wechsel S -> R	0.05	1:08	22:39	1	-	1	-	0.25	4:19	17:15	1	-	1	-
Schwimmen Total	0.25	4:19	17:15	1	-	1	-	0.25	4:19	17:15	1	-	1	-
Rad netto	5.00	24:57	4:59	2	0:41	2	0:41	5.25	29:16	5:34	2	0:03	2	0:03
Wechsel R -> L	0.05	0:45	15:00	2	0:12	2	0:12	5.30	30:01	5:39	2	0:15	2	0:15
Rad Total	5.05	25:42	5:05	2	0:53	2	0:53	5.30	30:01	5:39	2	0:15	2	0:15
Lauf	1.00	4:51	4:50	1	-	1	-	6.30	34:52	5:32	2	0:04	2	0:04