



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Roppel, Mariya

Total time: 1:51:53

Club: Jedes Training zählt

Number: 0

Course: 34.85 km

Rank in course/Total: 58 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Women: 8 (of 9)

Best time in course: 1:30:44

Category:

Rank in category: 2(of 2)

AK3 weiblich (30-34 Jahre)

Best time in the category: 1:30:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.75	17:35	23:26	2	3:03	7	3:06	0.75	17:35	23:26	3	3:03	10	3:06
Wechsel S -> R	0.05	1:30	30:00	2	0:39	4	0:39	0.80	19:05	23:51	3	3:42	10	3:42
Schwimmen Total	0.80	19:05	23:51	3	3:42	10	3:42	0.80	19:05	23:51	3	3:42	10	3:42
Rad netto	29.00	1:06:13	2:16	2	13:37	8	13:37	29.80	1:25:18	2:51	3	17:19	10	17:19
Wechsel R -> L	0.05	1:02	20:40	2	0:25	6	0:25	29.85	1:26:20	2:53	3	17:44	10	17:44
Rad Total	29.05	1:07:15	2:18	2	14:02	8	14:02	29.85	1:26:20	2:53	3	17:44	10	17:44
Lauf	5.00	25:33	5:06	2	3:25	7	4:07	34.85	1:51:53	3:12	2	21:09	8	21:09