



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Reinefeld, Swantje

Total time: 1:30:44

Club: Triathlon Team Braunschweig

Number: 0

Course: 34.85 km

Rank in course/Total: 15 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Women: 1 (of 9)

Best time in course: 1:30:44

Category:

Rank in category: 1(of 2)

AK3 weiblich (30-34 Jahre)

Best time in the category: 1:30:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.75	14:32	19:22	1	-	2	0:03	0.75	14:32	19:22	1	-	2	0:03
Wechsel S -> R	0.05	0:51	17:00	1	-	1	-	0.80	15:23	19:13	1	-	1	-
Schwimmen Total	0.80	15:23	19:13	1	-	1	-	0.80	15:23	19:13	1	-	1	-
Rad netto	29.00	52:36	1:48	1	-	1	-	29.80	1:07:59	2:16	1	-	1	-
Wechsel R -> L	0.05	0:37	12:20	1	-	1	-	29.85	1:08:36	2:17	1	-	1	-
Rad Total	29.05	53:13	1:49	1	-	1	-	29.85	1:08:36	2:17	1	-	1	-
Lauf	5.00	22:08	4:25	1	-	3	0:42	34.85	1:30:44	2:36	1	-	1	-