



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Thiele, Thorsten

Total time: 1:48:37

Club: ASV Velo-Venezia Dransfeld e.V.

Number: 11

Course: 34.85 km

Rank in course/Total: 50 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 45 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 12(of 12)

AK4 männlich (35-39 Jahre)

Best time in the category: 1:19:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	19:10	25:33	12	7:22	52	9:09	0.75	19:10	25:33	13	7:22	56	9:09
Wechsel S -> R	0.05	2:52	57:19	12	1:52	46	2:01	0.80	22:02	27:32	13	9:03	56	10:44
Schwimmen Total	0.80	22:02	27:32	13	9:03	56	10:44	0.80	22:02	27:32	13	9:03	56	10:44
Rad netto	29.00	59:24	2:02	10	12:43	39	12:43	29.80	1:21:26	2:43	13	21:38	56	21:38
Wechsel R -> L	0.05	1:01	20:19	8	0:28	31	0:28	29.85	1:22:27	2:45	13	21:54	56	21:54
Rad Total	29.05	1:00:25	2:04	10	13:09	38	13:09	29.85	1:22:27	2:45	13	21:54	56	21:54
Lauf	5.00	26:10	5:14	10	9:52	43	9:52	34.85	1:48:37	3:07	12	28:57	45	28:57