



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Wiens, Michael

Total time: 1:45:26

Club: TRI Team SUS Northeim

Number: 0

Course: 34.85 km

Rank in course/Total: 44 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 39 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 12(of 18)

Senioren 2 (45-49 Jahre)

Best time in the category: 1:21:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	18:02	24:02	16	8:01	47	8:01	0.75	18:02	24:02	16	8:01	47	8:01
Wechsel S -> R	0.05	1:57	39:00	9	0:59	28	1:06	0.80	19:59	24:58	14	8:41	44	8:41
Schwimmen Total	0.80	19:59	24:58	14	8:41	44	8:41	0.80	19:59	24:58	14	8:41	44	8:41
Rad netto	29.00	1:00:46	2:05	13	11:42	44	14:05	29.80	1:20:45	2:42	14	20:19	43	20:57
Wechsel R -> L	0.05	0:58	19:19	9	0:16	29	0:25	29.85	1:21:43	2:44	13	20:23	42	21:10
Rad Total	29.05	1:01:44	2:07	13	11:42	44	14:28	29.85	1:21:43	2:44	13	20:23	42	21:10
Lauf	5.00	23:43	4:44	10	3:47	28	7:25	34.85	1:45:26	3:01	12	24:10	39	25:46