



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Schwietering, Thomas

Total time: 1:42:31

Club: VfL Ahaus

Number: 0

Enduro U13

Rank in course/Total: 40 (of 64)

Rank in course/Men: 37 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 11(of 18)

Senioren 2 (45-49 Jahre)

Best time in the category: 1:21:16

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.75 | 15:23 | 20:30 | 10 | 5:22 | 31 | 5:22 | 0.75 | 15:23 | 20:30 | 10 | 5:22 | 31 | 5:22 |
| Wechsel S -> R | 0.05 | 3:10 | 63:19 | 15 | 2:12 | 48 | 2:19 | 0.80 | 18:33 | 23:11 | 11 | 7:15 | 36 | 7:15 |
| Schwimmen Total | 0.80 | 18:33 | 23:11 | 11 | 7:15 | 36 | 7:15 | 0.80 | 18:33 | 23:11 | 11 | 7:15 | 36 | 7:15 |
| Rad netto | 29.00 | 59:23 | 2:02 | 11 | 10:19 | 38 | 12:42 | 29.80 | 1:17:56 | 2:36 | 11 | 17:30 | 39 | 18:08 |
| Wechsel R -> L | 0.05 | 0:43 | 14:19 | 2 | 0:01 | 13 | 0:10 | 29.85 | 1:18:39 | 2:38 | 11 | 17:19 | 39 | 18:06 |
| Rad Total | 29.05 | 1:00:06 | 2:04 | 10 | 10:04 | 37 | 12:50 | 29.85 | 1:18:39 | 2:38 | 11 | 17:19 | 39 | 18:06 |
| Lauf | 5.00 | 23:52 | 4:46 | 11 | 3:56 | 29 | 7:34 | - | 1:42:31 | - | 11 | 21:15 | 37 | 22:51 |